

Maple Applesauce Topping

Fruit

Dips, Sauces, and Toppings

C-01

Ingredients	25 Servings		50 Servings		Directions
	Weight	Measure	Weight	Measure	
Canned applesauce	3 lb 9 oz	1 qt 2 ½ cups	7 lb 2 oz	3 qt 1 cup	1. In a bowl, whisk applesauce and syrup until blended. 2. Portion with No. 16 scoop (¼ cup). No CCP necessary.
Maple-flavored pancake syrup	6 oz	½ cup	12 oz	1 cup	

SERVING:	YIELD:	VOLUME:
¼ cup (No. 16 scoop) provides ¼ cup of fruit.	25 Servings: 3 lb 15 oz	25 Servings: 1 quart 2 ¼ cups
	50 Servings: 7 lb 14 oz	50 Servings: 3 quarts ½ cup
	Edited 2014	

Special Tip:
Use as topping for pancakes, waffles, French toast, or ice cream.

Nutrients Per Serving					
Calories	67	Saturated Fat	0.02 g	Iron	0.23 mg
Protein	0.12 g	Cholesterol	0 mg	Calcium	3 mg
Carbohydrate	17.70 g	Vitamin A	7 IU	Sodium	6 mg
Total Fat	0.12 g	Vitamin C	1.1 mg	Dietary Fiber	0.8 g