

# Pizza-In-A-Pocket

Meat/Meat Alternate-Grains/Breads

Sandwiches

F-04

Ingredients	24 Servings		48 Servings		Directions
	Weight	Measure	Weight	Measure	
Canned tomato paste	8 oz	1 cup ( $\frac{2}{3}$ 12 oz can)	1 lb	2 cups (1 $\frac{1}{3}$ 12 oz cans)	<ol style="list-style-type: none"> <li>In a pot, combine tomato paste, water, sugar, basil, oregano, salt, granulated garlic, and beef stock. Simmer uncovered for 30 minutes.</li> <li>Cut each pita in half. Open each half to form a pocket. Cut cheese and turkey ham slices in half.</li> <li>Stuff the inside of each half-pita with <math>\frac{1}{2}</math> oz (<math>\frac{1}{2}</math> slice) of cheese, <math>\frac{1}{2}</math> oz (<math>\frac{1}{2}</math> slice) of turkey ham, and 1 Tbsp of sauce from Step 1.</li> <li>Place 6 filled half-pitas on paper-lined half-sheet pans (13" x 18" x 1"). For 24 servings, use 2 pans. For 48 servings, use 4 pans. Cover with foil and seal.</li> <li>Bake until thoroughly heated:                      Conventional oven: 400° F for 10 minutes                      Convection oven: 375° F for 7 minutes                       CCP: Heat to 165° F or higher.</li> <li>CCP: Hold for hot service at 140° F or warmer.</li> </ol> <p>Portion is <math>\frac{1}{2}</math> pita.</p>
Water		$\frac{3}{4}$ cup		1 $\frac{1}{2}$ cups	
Sugar		1 $\frac{1}{2}$ tsp		1 Tbsp	
Dried basil		$\frac{1}{4}$ tsp		$\frac{1}{2}$ tsp	
Dried oregano		$\frac{1}{4}$ tsp		$\frac{1}{2}$ tsp	
Salt		$\frac{1}{4}$ tsp		$\frac{1}{2}$ tsp	
Granulated garlic		$\frac{1}{4}$ tsp		$\frac{1}{2}$ tsp	
Beef stock, non-MSG		$\frac{3}{4}$ cup		1 $\frac{1}{2}$ cups	
Enriched pita pockets, 6 1/2" diameter (at least 1.8 oz each)		12 each		24 each	
Reduced fat mozzarella cheese, 1 oz slices	12 oz	12 slices (1 oz each)	1 lb 8 oz	24 slices (1 oz each)	
Turkey ham, 1 oz slices	12 oz	12 slices (1 oz each)	1 lb 8 oz	24 slices (1 oz each)	

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SERVING:	YIELD:	VOLUME:
½ pita provides the equivalent of ¼ oz of cooked lean meat, ⅓ cup of vegetable, and the equivalent of 1 slice of bread.	<b>24 Servings:</b> 4 lb 1 oz	<b>24 Servings:</b> 24 half pitas
	<b>48 Servings:</b> 8 lb 2 oz	<b>48 Servings:</b> 48 half pitas
Edited 2014		

Nutrients Per Serving					
<b>Calories</b>	121	<b>Saturated Fat</b>	0.60 g	<b>Iron</b>	1.14 mg
<b>Protein</b>	6.88 g	<b>Cholesterol</b>	11 mg	<b>Calcium</b>	70 mg
<b>Carbohydrate</b>	19.49 g	<b>Vitamin A</b>	263 IU	<b>Sodium</b>	355 mg
<b>Total Fat</b>	1.58 g	<b>Vitamin C</b>	4.0 mg	<b>Dietary Fiber</b>	1.1 g