

Cheese Ribbon Sandwich

Meat Alternate-Grains/Breads

Sandwiches

F-05

Ingredients	24 Servings		48 Servings		Directions
	Weight	Measure	Weight	Measure	
Reduced fat processed American cheese, shredded	1 lb 8 oz	1 qt 2 cups	3 lb	3 qt	<ol style="list-style-type: none"> In a mixing bowl, combine cheese, salad dressing or mayonnaise, pimentos, mustard, and Worcestershire sauce (optional). Mix until well blended. Spread No. 8 scoop (½ cup) cheese mixture on each slice of white bread. Top each slice of white bread with whole wheat bread. Cut each sandwich into 4 equal pieces in the shape of strips. Cover. CCP: Hold at 40° F or colder. Refrigerate until ready to serve. Portion is 2 pieces.
Reduced calorie salad dressing	6 oz	⅔ cup	12 oz	1 ⅓ cups	
OR Lowfat mayonnaise	OR 6 oz	OR ⅔ cup	OR 12 oz	OR 1 ⅓ cups	
Canned pimentos, diced, drained	2 oz	¼ cup	4 oz	½ cup	
Prepared yellow mustard		2 Tbsp		¼ cup	
Worcestershire sauce (optional)		1 Tbsp		2 Tbsp	
Enriched white bread slices (at least 0.9 oz each)		12 each		24 each	
100 % whole wheat bread slices (at least 0.9 oz each)		12 each		24 each	

SERVING:	YIELD:	VOLUME:
2 pieces provide 1 oz of cheese and 1 slice of bread.	24 Servings: 3 lb 8 oz	24 Servings: 48 pieces
	48 Servings: 7 lb	48 Servings: 96 pieces
	Edited 2014	

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Special Tip:
Attractive garnishes include unpeeled apple slices, grapes, or carrot chips.

Nutrients Per Serving			
Calories	170	Saturated Fat	3.53 g
Protein	9.87 g	Cholesterol	18 mg
Carbohydrate	18.67 g	Vitamin A	326 IU
Total Fat	6.77 g	Vitamin C	2.0 mg
		Iron	1.07 mg
		Calcium	220 mg
		Sodium	635 mg
		Dietary Fiber	1.7 g